

Hearts Present & Joyful

A Formation Program for Salesian Ministry

Resource Outline for the Manual



1. THE SALESIAN WAY & THE PREVENTIVE SYSTEM

The Salesian Way is the educational approach, spirituality and methodology developed by St. John (Don) Bosco in ministering to young people and the Salesian Family. A key to the Salesian Way is the Preventive System based on loving kindness, reason & religion.

YEAR I

Session 1: Starting from Don Bosco, The Fatherless Father of the Young.

1. Don Bosco's early life and foundations at Becchi
DBW p. 12-20
FOR 32-33
MO pgs. 7-14

Discernment, vocation and choice of ministry
MO p. 110
NSH p. 28; pgs. 73-75

3. The Beginnings of the Oratory
PL p. 379 (C40)
FOR 134
MO p. 265
GC 23 #97
GC 24 #3

4. The Growth of the Salesian Congregation
PL p. 91 (C1); p. 117 (C4)
NSH p. 134

Reading:

- *A Man Sent by God*, Paul Aronica, SDB (PDF)

Resources:

- Peter Gonsalves, 2011 [copyrighted] [Don Bosco's Way. A Study Guide for Parents, Educators and Youth Leaders of Different Faiths](#)
- Notes for a 'Spiritual History' of Father John Bosco, Giuseppe Buccellato, SDB, 2014 eng.
- [Giuseppe Buccellato, SDB. 2014. Notes for a Spiritual History of Fr. John Bosco. Chapter One offers a good presentation of Mamma Margaret](#)
- Arthur Lenti, SDB, 2007 Vol.1 Don Bosco's Formative Years in Historical Context

YEAR II

Session 9: Presence and Rapport central to the Salesian Way

1. Presence: Salesian Assistance and Accompaniment
PL p. 372 (C39)
DBW p. 27-36, 56-61
FOR 130; 137

GC 28, Six Year Priority #2, Rector Major
GC 28, Angel Fernandez Arttime, SDB, Priority #2
[The Congregation's GC28 Six-Year Priorities, April 22, 2020, ANS Interview](#)
Pope Francis, March 4, 2020
[Message to GC28 Participants. The Valdocco Option. Dream and Get Others To Dream.](#)

2. Loving Kindness: Friendship and Cheerfulness
PL p. 198 (C15)
SFC Art. 32, pg. 48

3. Rapport/Dialogue: Preventive not Repressive
Pietro Braido, SDB, 1998
[Prevention, Not Repression: Don Bosco's Educational System](#)
DB on Correction & Punishment
PL p. 369 (C38)
Deeply Holy, Deeply Human, Pietro Broccardo, SDB

Reading:

- Don Bosco on Correction and Punishment (PDF)

Resources:

- Deeply Holy, Deeply Human, Pietro Broccardo, SDB
- Peter Gonsalves, Salesian Pontifical University, Rome, *Orientamenti Pedagogici*, Vol.60, n.4, October – December, 2013, pp 777-79.
[Not With Blows. A Study of Don Bosco's Place in the History of Nonviolent Education](#)
- Peter Gonsalves, *Salesianum*, 71 (2009), 651-694.
[Don Bosco's "Expressive System". An Alternative Perspective For a Communication Age](#)
- [Rick Beismans, 2014. Assistance. The essence of Don Bosco's Preventive System from 1876-1884](#)

Session 2: An Educational and Relational Approach

1. Reason, Religion, Loving-Kindness

PL p. 365 (C38)

SFC Art. 21, pg. 36

DBW p. 27-36, p. 45-49, p. 50-55

SLC Booklet #7 & #8

FOR 95

GC 24 #100

2. The Bonding Agent: Cheerfulness & Humor

PL p. 212 (C17)

FOR 103

GC 23 #165

3. Presence: Welcome and Rapport

PL p. 196 (C15)

FOR 136

GC 24 #93

Reading:

- Preventive System in the education of the young, Don Bosco (PDF)

Resources:

- Don Bosco's Way, Peter Gonsalves, SDB
- Salesian Leadership Course, AFW Province
- David O'Malley
- [The Preventive System: Basic Visible Elements. David O'Malley](#)
- [Pietro Braido, 1999, Prevention, Not Repression: Don Bosco's Educational System](#)
- [Jean-Marie Petitcler, SDB, The Most Significant Values of the Preventive System.](#)
- [Jack Finnegan, SDB, Don Bosco: Educator.](#)

Session 10: The Environment as Formative

1. Creating an environment of welcome, affirmation and acceptance

FOR 139

GC 23 #262-266

2. The Family Spirit of the Environment : Church, Club, School, Retreat Center (group, classroom)

PL p. 202 (C16)

SFC Art. 7, pg. 16

FOR 101

3. The Environment as Oratory Experience

FOR 137

GC 23 #100

Resources:

- [Pietro Braido, Critical Ed., The Preventive System in the Education of the Young.](#)
- [David O'Malley. The Preventive System: Basic Visible Elements.](#)

2. The Educational & Pastoral Community (EPC) & The Oratory

The EPC is the Salesian way of animating, showing leadership in every educational circumstance intended to realize Don Bosco's mission. It is a set of individuals all working together to educate and evangelize young people, especially the poorest of them, in Don Bosco's style. Don Bosco, together with his collaborators and first Salesians, embodied in the oratory experience an original form of apostolic mission among the poorest young people.

YEAR I

Session 3: The Oratory Experience

PL p. 378 (C46)

MO p. 196

1. Oratory Criteria : Home, School, Playground, Church

PL p. 381 (C46)

FOR 135

2. Lay people with Don Bosco built the Oratory - Shared responsibility is essential for the Mission (CC27)

PL p. 430 (47)

SFC Art.41 pg. 60

GC 24 #74; 87

[History of the Development of the Salesian Family \(Powerpoint\)](#)

Rossano Sala, SDB, International Congress, Madrid, November 27, 2017

[The Family In Salesian Pastoral Context An Educative And Evangelizing Perspective](#)

Don Bosco Letter Feb. 20, 1850, to the Society for the Instruction and care of the poor

3. Salesian Assistance: 1884 Letter from Rome

SLC Booklet #9

GC 23 #100

Rik Beismans

[Assistance. The essence of Don Bosco's Preventive System from 1876-1884](#)

Reading:

- 1884 Letter from Rome, Don Bosco (PDF)

Resources:

- Salesian Leadership Course, AFW
- Pope Francis, March 4, 2020
- [Message to GC28 Participants. The Valdocco Option. Dream and Get Others To Dream.](#)
- [Arthur Lenti. Don Bosco's Love Affair With](#)

YEAR II

Session 11: Oratory as Family & Church

C 16

PL p. 99 (C1)

1. Peer Ministry: Group experience as an experience of Church

GC 23 #274-275

2. Youth Ministry in and with the Family: Domestic Church

FOR p. 138

GC28, Six Year Priority #6, Rector Major Angel Fernandez Arttime, SDB, [The Congregation's GC28 Six-Year Priorities, April 22, 2020, ANS Interview](#)

3. Salesian Family – SF Charter. Cooperators

PL p. 121 (C5); C16

FOR p. 279

DBW p. 20-21

SFC Art. 19

GC 24 #88

4. Within the Community that is the Church, local and universal.

PL p. 94 (C1); p. 185 (C13)

SFC Art. 9, pg. 18

Resources:

- Salesian Family Charter
[Salesian Family Charter \(Charter of the Charismatic Identity of the Salesian Family of Don Bosco\)](#)
- Don Bosco's Way, Peter Gonsalves, SDB

<p>Poor and Abandoned Young People at the Beginnings of the Oratory. Journal of Salesian Studies. Cf P. 47, Don Bosco's Letter to the Administrators of the Society for the Instruction and Care of the Poor</p> <ul style="list-style-type: none"> • Arthur Lenti, SDB, 2007, Vol. 2 Birth and Early Development of Don Bosco's Oratory 	
<p>Session 4: The Educational and Pastoral Community (EPC) PL p. 430 (C47)</p> <p>1. EPC: Building the Ministry Environment with a Family Spirit PL p. 431 (47) SFC Art. 41, pg. 60 FOR p. 117 Rossano Sala, SDB, International Congress, Madrid, November 27, 2017. The Family In Salesian Pastoral Context An Educative And Evangelizing Perspective. Cf Part I, "A Family Charism". GC28, Six Year Priority #5, Rector Major Angel Fernandez Artime, SDB, The Congregation's GC28 Six-Year Priorities, April 22, 2020, ANS Interview</p> <p>2. The Lay Collaborator as Salesian Ministry Partner PL p. 432 (C47) SFC Art. 1, 2, pgs, 9,10 Salesian Bulletin 1877, Don Bosco on the role of early Salesian Cooperators</p> <p>3. The young as protagonists/Peer Leadership (Savio, Magone, Besucco) GC 23 #247</p> <ul style="list-style-type: none"> • Dominic Savio, Model of the Beatitudes <p><i>Reading:</i></p> <ul style="list-style-type: none"> • <i>Brief biography of Savio, Besucco, Magone (PDF)</i> 	<p>Session 12: The EPC: an Extended Family GC24, n.161; n.171 The Council of the EPC and/or Council of the Work FOR p. 120</p> <p>1. Forming part of the Salesian Mission: Ministers/Educators: Teachers, Staff, Board of Directors, Parish Council, the young, parishioners, Families SFC Art. 39, pg. 58 GC 24 #140; 103 GC27, 3.7, p. 128</p> <p>2. God's on our Team: Contemplation in Action accompaniment PL p. 178 (C12) SFC Art. 28, pg. 45</p> <p>3. The Salesian Youth Movement and those who support it SFC Art. 3, pg. 11 FOR p. 120 GC 24 #51</p> <p><i>Resources:</i></p> <ul style="list-style-type: none"> • Rossano Sala, SDB, International Congress, Madrid, November 27, 2017. The Family In Salesian Pastoral Context An Educative And Evangelizing Perspective. Cf Part 2.1., "The Educative Pastoral Community: The Embodiment of Family.

3. SALESIAN EDUCATIONAL AND PASTORAL PLAN (SEPP)

Overview: is a general action plan guiding educative and pastoral processes in a determined provincial and local context, It directs each initiative and resources to achieving the Salesian mission.

YEAR I	YEAR II
<p>Session 5: Ministry, Education & the Salesian Way GC 28, The Valdocco Option, Pope Francis to the Chapter</p> <p>1. SEPP: The importance of the planning process for Ministry FOR pgs. 145-146</p> <p>2. Methodology, Pedagogy, Spirituality SFC Art. 27, pg. 44 GC 24 #98</p> <p>3. Accompaniment and personal interaction FOR p. 123</p> <p><i>Resources:</i></p> <ul style="list-style-type: none"> • Pope Francis, March 4, 2020. Message to GC28 Participants. The Valdocco Option. Dream and Get Others To Dream. • Arthur Lenti, SDB, 2007, Vol. 3 Don Bosco Educator, Spiritual Master 	<p>Session 13: Guided by Jesus, the Good Shepherd, Model of the Salesian Way PL p. 167 (C11) FOR p. 86</p> <ul style="list-style-type: none"> • John Paul II, WYD 2000 Vigil, To seek happiness is to seek Jesus. • Video, 3 minutes. John Paul II, WYD 2000 Vigil. We seek Jesus when we seek happiness and meaning in life. <p>1. Don Bosco’s Dream at Nine cf. YouTube video on the Dream</p> <ul style="list-style-type: none"> • Video: Life of Don Bosco. Includes Dream at Age 9 • Video: Don Bosco's Dream at Age 9 <p>MO pgs. 18-22</p> <p>2. Salesian mission partner as Good Shepherd PL p. 722 (95) SLC Booklet #3 FOR 87 GC 24 #102</p> <p>3. Universal Call to Holiness:</p> <ul style="list-style-type: none"> • St. Francis de Sales, Introduction to the Devout Life, Chapter 3, p. 10. “Devotion (holiness) is Suited to Every Vocation and Profession”. <p>Vatican II, Lumen Gentium, V, n. 39, 40</p> <ul style="list-style-type: none"> • Video: Life of St. Francis de Sales • Aldo Giuraudo, SDB, 2014. Holiness at the School of Don Bosco. <p>4. Sensitive to the periphery of the ministry SFC Art. 18, pg. 31 SLC Booklet #1 FOR p. 255</p> <p><i>Resources:</i> Salesian Leadership Course, AFW</p> <ul style="list-style-type: none"> • Paul VI, 1965. Apostolate of the Laity Apostolicam Actuositatem

Session 6: A Holistic Approach: Human and Spiritual Development

1. Creating a holistic environment

FOR p. 100; p. 248

GC23 #162-164

SFC Art. 27,28,34

2. Group experience: Altar servers, Music, youth groups, prayer groups, classroom, retreat group, sports, drama, outings, culture

PL p. 347 (C35)

GC23 #61; 274; 275

3. Importance of Prayer: Prayer as an ordinary part of the day; Eucharist; simple conversation of God

PL p. 675 (C87)

SFC Art. 28, pg.45; Art. 36, pg.53

GC 24 #97

Session 14: Goal of Education: Fulfilling one's God-given Vocation.

FOR p. 257

PL p. 356 (C37)

GC23 #293

Letter to Parents, Educators and Youth, Aug. 16, 2003, Pascual Chavez, SDB

1. Vocation of the Educator/Minister

FOR pgs. 60-61; pgs. 256-258

GC20 #100

GC 24 #210

SLC Booklet #1

2. Vocation of the young person we accompany

PL p. 361 (C37)

FOR p. 161

3. Good Christians & Upright Citizens.

PL p. 312 (C31)

GC23 #178

Strenna 2020, Angel Fernandez Arttime, SDB

[Strenna 2020: Good Christians and Upright Citizens](#)

4. Committed to social justice

Resources:

- Salesian Leadership Course, AFW
- Strenna 2020, Angel Fernandez Arttime, SDB

4. Salesian & Youthful Spirituality

An original way of living the Christian life

Centered on Pastoral Charity, Salesian spirituality consists of various elements; it is a style of life, of prayer, of work, of interpersonal relationships; a community way of life; an educative and pastoral mission based on a pedagogical heritage; an approach to formation; a characteristic set of values and attitudes.

YEAR I

Session 7: Spirituality & Holiness: Dare to be a Saint

FOR pgs. 60-65

AGC # 379, 2002, Pascual Chavez, SDB

[My Salesians, Be Saints! AGC379, 2002](#)

- [John Paul II, Message to Salesians on Youth Holiness in Education. Cf especially Paraa 3, section 2, "Do everything to be educators..."](#).

1. Spiritual growth of the Lay Collaborator (Salesian Ministry Partner)

SFC Art. 17, pg. 29

GC 24 #3

2. Never too young: Youth holiness is possible

GC 23

Cf. Savio, Magone, Besucco

3. Models of Holiness and a life lived well (Salesian Saints)

FOR p. 65

- [Laura Vicuna](#)
- [Francis de Sales' Spirituality - Quick overview](#)
- [Video \(4 min.\): Life of Francis de Sales](#)
- [Video \(3 min\). Don Bosco and St. Francis de Sales](#)
- [Video \(3.5 min\). Dominic Savio](#)
- [Sts. Callistus Carravario and Luigi Versiglia, Protomartyrs \(ANS\)](#)
- [Venerable \(Mamma\) Margherita Occhiena](#)
- [Laura Vicuna](#)
- [Sean Devereau \(ANS\)](#)
- [Sean Devereau \(Don Bosco Liberia\)](#)

Resources:

- [Angelo Amato, SDB, 2005. The Four Pillars of Salesian Spirituality](#)

YEAR II

Session 15: Salesian Youth Spirituality (GC23)

C. 13, 31, 85

Five Key Elements:

1. Ordinary Daily life

- Daily life inspired by Jesus of Nazareth (cf. C 12) is the setting in which the youngster recognizes the presence of God who is at work, and lives out his personal realization of the fact.

SFC Art. 27, pg. 44

FOR p. 255

2. Joy and Optimism

- Daily life is lived in joy and optimism, without prejudice to commitment and responsibility (cf. C 17.18).

SFC Art. 33, pg. 50

GC 23 #165

3. Friendship with Jesus

- Daily life is recreated by the Risen Christ (cf. C 34) who gives reasons for hope and leads to a life that finds its fullest sense in Him.

4. Communion with the Church

- Daily life is experienced in the Church (cf. C 13.35), as the natural setting for growth in faith through the sacraments. In the Church we find Mary (cf. C 20.34) who goes in front, accompanies and inspires.

5. Responsible Service

- Daily life is presented to the young as a setting for service (cf. C 32), both ordinary and extraordinary.

SLC Booklet #4

Resources:

- Introduction to Salesian Youth Spirituality (5 Basic Elements), Fabio Attard, SDB
[Intro to Salesian Youth Spirituality, 5 Essential Elements](#)
- Salesian Leadership Course, AFW

<ul style="list-style-type: none"> • Aldo Giraudo, SDB. 2019. Holiness at the School of Don Bosco. • Jack Eyers, SDB. The Salesianity That Wins Hearts. Journal of Salesian Studies. Fall 1992. Vol III No. 2. 	<ul style="list-style-type: none"> • Video: Video (3-parts): Don Bosco's Spirituality (click then scroll down to the bottom of the page) • Pope Francis, June 15, 2015 "Unofficial Address" to the Salesians and Daughters of Mary Help of Christians, Turin, on the Bicentenary of Don Bosco's Birth. Don Bosco's Three "White Loves"
<p>Session 8: Essential elements of our Spirituality</p> <p>1. Built on Charity (Loving Kindness) PL p. 162 (C10) SFC Art. 29, pg. 45 FOR p. 94 GC 24 #90</p> <p>2. Pillars of Salesian holiness: The Eucharist and Reconciliation (Confession) PL p. 353 (C36) Dream of the Two Columns</p> <ul style="list-style-type: none"> • Video (3.5 min) Don Bosco's Dream of the Two Columns <p>GC 23 #174-175</p> <p>3.The Importance of Mary, Help of Christians PL p. 145 (C8) GC 23 #177 SFC Art.37 p. 53; Art. 11 p. 21</p> <ul style="list-style-type: none"> • Video: Mary, Help of Christians and Don Bosco <p><i>Resources:</i></p> <ul style="list-style-type: none"> • Pope Paul VI, 1974. Marialis Cultus. cf no. 38 re: what Marian devotion is not. cf no. 58 for christological summary of marian devotion 	<p>Session 16: Don Bosco as Reference Point for Our Spirituality PL p. 94 (C1) NSH p. 122; 147</p> <p>1.Father & Teacher of Youth, John Paul II, 1988 (PDF)</p> <ul style="list-style-type: none"> • John Paul II, 1988, IUVENUM PATRIS. Don Bosco, Father and Teacher of Youth. <p>FOR p. 65</p> <p>2.Salesian Traditions: Exercise for a Happy Death, Good Morning/Goodnight, Blessing of Mary, Help of Christians Educational Philosophy of DB, Morrison</p> <ul style="list-style-type: none"> • Cf The Educational Philosophy of St. John Bosco, Don Bosco Publications, New Rochelle, NY, 1979. <p>3. The Beatitudes & Salesian Beatitudes SLC Booklet #1, p. 2-3 GC 23 #167</p> <p>4. Pope Francis and His Salesian Influence</p> <ul style="list-style-type: none"> • Pope Francis, June 15, 2015 "Unofficial Address" to the Salesians and Daughters of Mary Help of Christians, Turin, on the Bicentenary of Don Bosco's Birth. Don Bosco's Three "White Loves" <p><i>Reading:</i></p> <ul style="list-style-type: none"> • Father and Teacher of Youth, John Paul II, 1988 (PDF) <p><i>Resources:</i></p> <ul style="list-style-type: none"> • Salesian Leadership Course, AFW • Egidio Vigano, SDB, 1989, St. John Bosco: Iuventutis Pater et Magister. AGC, Rome, Feb 24, 1989.

Key to Main References:

- PL: Project of Life, 1986
- SFC: Salesian Family Charter, 2011
- FOR: Salesian Youth Ministry Frame of Reference
- SLC: Salesian Leadership Course, AFW Province
- AL: Don Bosco: History and Spirit, 2007, Arthur Lenti, SDB
- DBW: Don Bosco's Way
- GC: General Chapters
- MO: Memoirs of the Oratory
- NSH: Notes for a 'Spiritual History' of Father John Bosco, Giuseppe Buccellato, SDB

The following Resources can be provided digitally as PDF's to accompany **Hearts Present and Joyful** by request to Fr. Steve Shafran SDB – shafransdb@aol.com:

- 1) Short Biography of Don Bosco (Paul Aronica SDB)
- 2) Don Bosco Timeline (James Heuser SDB)
- 3) The Educational Philosophy of St. John Bosco (John Morrison)
- 4) Fr. Bergoglio (Pope Francis) 1990 recollections of Salesian Education
- 5) The Preventive System in the Education of the Young (Don Bosco)
- 6) John Bosco's Lives of Young People (Savio, Magone, Besuccho)
- 7) Juvenum Patris 1988 (Pope St. John Paul II)
- 8) Don Bosco's Letter on Punishments