

## *Examination of Conscience: Cry of the Poor*

Have I taken advantage of the opportunities which present themselves in order to encounter youth who are not directly involved in my normal ministry?

Do I reach out to those whom I see struggling?

Do I enable young people I work with to identify the needs of those around them and do something about it?

How do my actions show that I love my neighbor, especially those who are living in poverty?

Do I take seriously my responsibility to ensure that the rights of persons in need are realized?

Do I urge those in power to implement programs and policies that give priority to the human dignity and rights of all, especially the vulnerable?

Do I give special attention to the needs of the poor and vulnerable in my community and in the world?

Do I engage in service and advocacy work that protects the dignity of poor and vulnerable persons?

Does the way I spend my time reflect a genuine concern for others?

Is solidarity incorporated into my prayer and spirituality? Do I lift up vulnerable people throughout the world in my prayer, or is it reserved for only my personal concerns?

Am I attentive only to my local neighbors or also those across the globe?

Do I see all members of the human family as my brothers and sisters?

Sources:

<https://www.usccb.org/prayer-and-worship/sacraments-and-sacramentals/penance/examination-conscience-in-light-of-catholic-social-teaching>

USCCB. *Laudato Si': On Care For Our Common Home Discussion Guide*. March 2020. *United States Conference of Catholic Bishops*, Department of Justice, Peace, and Human Development, <https://www.usccb.org/resources/laudato-si-discussion-guide>.